

## Checking In With You

A major focus of obstetrical & prenatal care is ensuring that the mother is healthy and feeling capable of taking care of herself and her newborn. We support providing information and care related to:

- Childbirth
- Breastfeeding
- Reproductive health and contraception
- Ways new baby changes your life.

Call for an appointment with  
St. Benedicts Clinics at (208)324-5286  
located in Jerome, Idaho.

***Melissa Vitek, CNM, MSN***  
***Certified Nurse Midwife***

